

# **Third Bergamo open rhinoplasty course: from Fundamentals to Finesse**

**March 1-3, 2012**

**Centro Congressi Giovanni XXIII - Bergamo**



**[www.bergamoplast.com](http://www.bergamoplast.com)**

- A major European Course devoted to Open Rhinoplasty
- A practical, true facts, format that will directly impact your clinical practice
- Expanded three full days agenda
- Expanded international Faculty
- Comprehensive educational program
- Optional advanced mini-courses
- CME accreditation
- Syllabus and live surgery DVD included
- Convenient location, close to Milan Orio al Serio International Airport
- Wide range of accommodation, from luxury to budget

## **Course Directors**

Enrico Robotti, Riccardo Mazzola

## **Contents**

Live Surgery

Videos and Interactive videosessions

Refresher course and Advanced mini-courses

Lectures

Panels

Case presentations

Tricks and Tips

Special Issues

New cutting-edge procedures

Medical rhinoplasty session

Selected Abstracts Corner

## **International Faculty**

Gilbert Aiach - Paris, France

Frédéric Braccini - Nice, France

Jay Calvert - Beverly Hills, USA

Nazim Cerkes - Istanbul, Turkey

Louis P. Dombard - Bruxelles, Belgium

Charles East - London, UK

Hossam Foda - Alexandria, Egypt

Olivier Gerbault - Paris, France

Ronald Gruber - Oakland, USA

Wolfgang Gubisch - Stuttgart, Germany

Josè M. Palacin - Barcelona, Spain

## **Selected speakers**

Nicolae Antohi - Romania

Nuri Celik - Turkey

Andreas Dacho - Germany

Jean-Brice Duron - France

Milos Kovacevic - Germany

Alexander Kuzanov - Georgia

Konstantin Lipski - Russia

Rainer Rupprecht - Germany

Daniel F. àWengen - Switzerland

## **Italian faculty**

G. Botti, R. Bracaglia, S. Bruschi, G. Giudice, P. Gottarelli, S. Grappolini,

F. Ingallina, M. Klinger, R. Oddenino, P. Palma, M. Pelle Ceravolo, S. Pompei, F. Preis, M. Signorini,

L. Siliprandi

# Introduction

As in the previous editions, this biennial intensive symposium will be highly practical, focusing in detail on state-of-the-art primary and secondary open rhinoplasty techniques, with due emphasis on aesthetics and function, in a personal and approachable format.

The course is aimed to all physicians performing nasal surgery, mainly plastic, ENT and maxillo-facial. It will cover in depth both the basics of the open approach for the beginner, as well as address in full detail a wide array of refinements and tricks for the proficient rhinoplasty surgeon. Lectures and videos will systematically and logically analyze specific and sequential topics, with adequate time allotted for case analysis panels and interactive discussion. Rhinoplasty truly being one of the most complex procedures, with often confusing and conflicting options, the Faculty will share with you "what really works and what doesn't", without hype nor spin, but just facts, which will thus produce the maximal educational benefit. Live surgery will once again be a highlight of the course due to its stimulating educational benefit and direct interaction with the surgeon, allowing a view of technical pearls and fine details of real life surgery which cannot be equally expressed by viewing custom-built videos alone.

The First and Second Bergamo Open Rhinoplasty Course, held in 2008 and 2010, counted a large international participation with attendees from 27 different countries, with an overwhelmingly positive response. In line with attendee requests and feedback from the evaluation forms, the Third Course will be even more comprehensive, being lengthened to three full days in duration, and will include:

- an expanded International Faculty
- a Refresher course covering the basics of open rhinoplasty
- free optional advanced Minicourses for proficient rhinoplasty surgeons
- more topics, including the most recent finesse points of primary and secondary tip and dorsum management, as well as the full spectrum of septoplasty options
- more videos, including 3-D videos and interactive videos commented by the author
- multiple panels to explore controversial issues and case analyses
- 5 live surgeries
- emphasis on personal pearls, tricks and tips
- new breakthrough procedures and emerging trends
- highlight on what really works in everyday practice
- free DVDs of live surgery and Minicourses recordings

A specific panel and video session will address the true facts of "medical rhinoplasty", including the use of botulinum toxin to the tip and the correction of contour deformities by fillers. Finally, a "Selected Abstracts Corner" will offer participants the opportunity to present chosen communications of merit, with a prize awarded to the best presentation.

The modern Congress Center is located at walking distance from the railway station, and can be reached in a few minutes from Bergamo/Milan Orio Al Serio International airport which serves many international destinations, as well as directly from the motorway. The historical city and its equally interesting surroundings should also allow some sightseeing or leisure before or after the course. We look forward to your participation to help us make this meeting once again a truly international event. The information that will be provided will be cutting edge. All surgeons who have a true interest in gaining excellence in open rhinoplasty, whether they have previously attended the Course or not, will draw significant tangible benefit. We have put a great effort in preparing the best possible program of the highest educational value. The intensive pace may at times test your stamina, but no shortcuts to the best quality of information!

*Enrico Robotti and Riccardo Mazzola*  
Course Directors

# Program

## Thursday, March 1

07.15                    *Registration / Breakfast*  
07.55                    *Welcome and introduction*

### **Refresher Course: the basics**

08.00 - 08.25        *Open anatomy videos: cadaver vs. live - F. Ingallina*  
08.25 - 08.55        *Understanding "Open" anatomy: 3D video - L. P. Dombard*  
08.55 - 09.15        *Functional anatomy of the nose revisited - P. Palma*  
09.15 - 09.50        *Understanding the basic "Open" technique: 3D video - L. P. Dombard*  
09.50 - 10.20        *The steps of open rhinoplasty and overview of grafting techniques*  
*E. Robotti*  
10.20 - 10.45        *The steps of open septoplasty - C. East*  
10.45 - 11.00        *Photography, computer imaging and evaluating the candidate - C. East*

### **Advanced minicourses (Sala Alabastro)**

08.00 - 09.00        *course 1: Diced Cartilage and Fascia grafts - J. Calvert*  
09.00 - 10.00        *course 2: Revision Rhinoplasty - H. Foda*  
10.00 - 11.00        *course 3: Advanced Refinements in Tip grafting - O. Gerbault*

11.00 - 11.15        *Coffee break / Exhibits*

### **Analysis and dynamics of rhinoplasty**

11.15 - 11.30        *Charm and beauty: the nose in western culture - R. Oddenino*  
11.30 - 11.45        *Clinical analysis of the nose - R. Gruber*

11.45 - 12.15        *Faculty Panel: Clinical Cases Analysis and Peri-op management.*

12.15 - 13.00        *Essential technique for primary open rhinoplasty: an overview - R. Gruber*

13.00 - 14.00        *Lunch / Exhibits*

### **Understanding the procedure: the steps which matter**

14.00 - 14.45        *Open rhinoplasty: the concepts - G. Aiach*  
14.45 - 15.15        *Primary open rhinoplasty technique (interactive video) - N. Cerkes*  
15.15 - 15.50        *Primary open rhinoplasty technique (interactive video) - W. Gubisch*  
15.50 - 16.00        **Follow-up on the cases of the Second Course**

16.00 - 16.15        *Coffee break / Exhibits*

### **The Tip (part I)**

16.15 - 16.50	Sutures and Grafts - <i>R. Gruber</i>
16.50 - 17.05	Refinements in tip grafts - <i>O. Gerbault</i>
17.05 - 17.20	Increasing and decreasing projection - <i>W. Gubisch</i>
17.20 - 17.35	Increasing and decreasing length - <i>J. Calvert</i>
17.35 - 17.50	Tip projection: making it right the first time - <i>J. Calvert</i>
17.50 - 18.05	The short nose - <i>R. Gruber</i>
18.05 - 18.35	My preferred techniques for accurate adjustment of tip projection and rotation: 1) <i>H. Foda</i> 2) <i>N. Cerkes</i>
18.35 - 18.50	Septal extension grafts to stabilize the desired projection - <i>E. Robotti</i>
18.50 - 19.00	Tongue-in-groove technique to stabilize the tip - <i>A. Dacho</i>
19.00 - 19.10	Controlling nasal length with extended spreader grafts - <i>J. Palacin</i>
19.10 - 19.20	Preferred techniques for reinforcing and defining the nasal tip - <i>A. Kuznov</i>
19.20 - 19.30	Q & A
19.30 - 20.00	Faculty Panel: Tip management (preferences in tip grafting- chronology of tip sutures).

20.00 *Welcome cocktail*

## **Friday, March 2**

07.00 *Breakfast / Exhibits*

### **The Tip (part II) and Alae**

07.15 - 07.25	Lateral crura transposition and variations - <i>O. Gerbault</i>
07.25 - 07.35	Alar cartilages malposition ("parenthesis" deformity) - <i>N. Celik</i>
07.35 - 07.45	Alar struts to reinforce/straighten the lateral crura - <i>J.M. Palacin</i>
07.45 - 07.55	Lower lateral crura reverse plasty (video) - <i>A. Dacho</i>
07.55 - 08.10	Lateral crura struts, alar contour grafts and how to address alar retraction - <i>R. Gruber</i>
08.10 - 08.25	Alar base surgery - <i>R. Gruber</i>
08.25 - 08.35	Narrowing the nasal base (video) - <i>H. Foda</i>
08.35 - 08.45	The basal view in open rhinoplasty - <i>R. Mazzola</i>

08.45 - 09.10 Teaching cases mini - videos (**tip**)

09.10 - 09.15 Q & A

### **The Dorsum**

09.15 - 09.40	Achieving the natural dorsum in rhinoplasty - <i>N. Cerkes</i>
09.40 - 09.55	Dorsal reduction and spreader flaps - <i>R. Gruber</i>
09.55 - 10.10	Spreader flaps vs. spreader grafts - <i>N. Celik</i>
10.10 - 10.30	Nasal osteotomies - <i>R. Gruber</i>
10.30 - 10.35	Q & A

10.35 - 10.45 *Coffee break / Exhibits*

10.45 - 11.15	Dorsal augmentation techniques - <i>R. Gruber</i>
11.15 - 11.30	Pitfalls in reduction rhinoplasty - <i>H. Foda</i>
11.30 - 11.45	Preventive camouflage to the dorsum - <i>O.Gerbault</i>
11.45 - 12.10	Faculty Panel: Dorsum management

### **Deviation, Septum and Function**

12.10 - 12.20	Role of endoscopy in rhinoplasty - <i>R. Mazzola</i>
12.20 - 12.40	Correction of deviated nose and septum reconstruction - <i>N. Cerkes</i>
12.40 - 13.00	Septoplasty leaving septum in situ (video) - <i>C. East</i>
13.00 - 13.15	Functional rhinoplasty and crooked nose (video) - <i>H. Foda</i>

13.15 - 14.15 *Lunch / Exhibits*

14.15 - 14.45	Extracorporeal Septoplasty (interactive video) - <i>W. Gubisch</i>
14.45 - 14.55	Extracorporeal Septoplasty: tricks and tips - <i>R. Rupprecht</i>
14.55 - 15.05	Management of turbinates (3D video) - <i>P.Gottarelli</i>
15.05 - 15.15	Use of PDS foil in septoplasty - <i>J.B. Duron</i>
15.15 - 15.25	<i>Q &amp; A</i>

15.25 - 15.45	Faculty Panel: What I changed in the last 5 yrs of my practice
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### **Secondary Rhinoplasty and complications**

15.45 - 16.15	Secondary rhinoplasty (interactive video) - <i>G. Aiach</i>
16.15 - 16.45	The main errors in rhinoplasty and how to solve them - <i>W. Gubisch</i>

16.45 - 17.00 *Coffee break / Exhibits*

17.00 - 17.20	Correction of the over-reduced nose - <i>N. Cerkes</i>
17.20 - 17.40	DCF (Diced Cartilage with Fascia)for dorsal reconstruction and rib grafts revisions - <i>J. Calvert</i>
17.40 - 17.55	Secondary rhinoplasty (video) - <i>O. Gerbault</i>
17.55 - 18.05	Fixating a dorsal rib graft with K wire (video) - <i>J. Palacin</i>
18.05 - 18.20	Dorsal augmentation with composite conchal-fascial grafts - <i>N. Antohi</i>
18.20 - 17.30	Fascia lata augmentation - <i>K. Lipski</i>
18.30 - 18.40	How to create an aesthetic dorsum in secondary rhinoplasty - <i>R. Rupprecht</i>
18.40 - 18.50	Prevention and treatment of the inverted-V deformity - <i>M. Kovacevic</i>
18.50 - 19.00	<i>Q &amp; A</i>

19.00 - 19.25	Teaching cases mini-videos (secondary)
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19.25 - 19.45	Faculty Panel: If and when I use alloplasts
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19.45 *Adjourn*

20.45 *Gala Dinner*

## Saturday, March 3

07.00 - 07.20 Early bird video: primary rhinoplasty - *R. Mazzola*  
07.20 - 07.40 Early bird video: secondary rhinoplasty - *E. Robotti*

07.45 - 08.05 Presentation of today's five cases "how I will do it" (taped)

### OPERATING ROOM 1

08.00 - 10.00 Live Surgery 1: R. GRUBER (primary)

11.00 - 13.00 Live Surgery 2: N. CERKES (primary)

14.00 - 16.00 Live Surgery 3: W. GUBISCH (post-trauma)

### OPERATING ROOM 2

10.00 - 12.00 Live Surgery 1: G. AIACH (primary)

13.00 - 16.00 Live Surgery 2: J. CALVERT (secondary / rib-DCF)

12.30 - 14.30 *Lunch station*

16.00 - 16.30 Selected Abstracts Corner

16.30 - 17.00 *Coffee station*

### Innovations / Special Issues

16.30 - 16.40 Use of tissue glue in rhinoplasty

16.40 - 16.50 An affordable Acellular Dermal Matrix for the dorsum - *O. Gerbault*

16.50 - 17.00 Correcting the internal nasal valve by Titanium Implant - *D. àWengen*

17.00 - 17.10 Fat grafting in the nose - *M. Klingler*

17.10 - 17.20 Rhinoplasty in thick nasal skin - *H. Foda*

17.20 - 17.30 The aging nose - *E. Robotti*

17.30 - 17.40 Male rhinoplasty - *N. Cerkes*

17.40 - 17.45 *Q & A*

### "Medical Rhinoplasty" (botox and fillers)

17.45 - 18.15 Botulinum toxin: the muscular balances (video) - *F. Ingallina*

18.15 - 18.45 Use of fillers to tip and dorsum (video demonstration) - *F. Braccini*

18.45 - 19.00 The true effect of medical rhinoplasty - *M. Signorini*

19.00 Selected Abstracts Corner prize, Wrap-up and Adjournment

## Registration form

Please complete and return to: CQ Travel srl  
Via Pagliano 37, 20149 Milano (Italy) fax +390243911650 e-mail: congress@cq-travel.com  
Please print or type and make a copy for your own record.

### TO BE FILLED OUT IN CAPITAL LETTERS

Surname \_\_\_\_\_ Name \_\_\_\_\_  
Address \_\_\_\_\_  
Zip code \_\_\_\_\_ Town \_\_\_\_\_ Country \_\_\_\_\_  
Company / Institute \_\_\_\_\_  
Department \_\_\_\_\_  
Specialty \_\_\_\_\_  
Telephone \_\_\_\_\_ Fax \_\_\_\_\_  
E-mail \_\_\_\_\_  
Only for italian participants: Partita IVA or codice fiscale \_\_\_\_\_

### REGISTRATION FEE

The registration fee includes: admission to the scientific sessions, coffee breaks, lunches, welcome cocktail, abstract book and live surgery DVD (the DVD will be sent to participants after the course).  
Optional Advanced Mini-courses on Thursday morning, reserved to proficient rhinoplasty surgeons, are free but limited to the first 70 applicants (in order of arrival of the application and confirmed payment of the Course registration fee)

- Early rate** payment received before 5th JANUARY 2012 800,00 (vat included)  
 **Late rate** payment received from 6th JANUARY to 24th february 2012 1000,00 (vat included)  
 **On site rate** payment from 25th FEBRUARY and on site 1200,00 (vat included)  
 **Residents in training / Physicians from developing countries** 500,00 (vat included)  
 **Social dinner** 70,00 (vat included)  
 **Optional Advanced Mini-courses** (bar if desired / not open to residents)

### PAYMENT BY

- Bank remittance addressed to CQ TRAVEL s.r.l. Banca Sella - Agenzia G8, Milano  
Swift code: SELBIT2BXXX - Iban: IT24W 03268 01605 052866945210  
 Credit Card  Visa  Mastercard  American Express

N° \_\_\_\_\_ Expiry date (month/year) \_\_\_\_\_

Card holder's name (in capital letters) \_\_\_\_\_

Signature \_\_\_\_\_

### CANCELLATION

A penalty cancellation of 60 Euro will be made if notice of cancellation is received before 24th February 2012. Cancellations after this date will not be refunded.



# Hotel accommodation form

Please complete and return to: CQ Travel srl – Via Pagliano 37, 20149 Milano (Italy) fax +390243911650  
e-mail: congress@cq-travel.com. Please print or type and make a copy for your own record.

Bergamo is divided in two areas, each with a different atmosphere and history, Città Alta (the high city) and Città Bassa (the lower city). Many options are available in hotel accommodation, varying from four stars to budget. Please note that if you wish to stay in the "high city", you will have to take the funicular railway down to the lower city and/or taxi or public transport. We have some convenient group rates for major hotels in the "lower city" at walking distance to the conference location, but we do not guarantee that you would not be able to find better rates directly on internet.

## TO BE FILLED OUT IN CAPITAL LETTERS

Surname \_\_\_\_\_ Name \_\_\_\_\_  
Address \_\_\_\_\_  
Zip code \_\_\_\_\_ Town \_\_\_\_\_ Country \_\_\_\_\_  
Telephone \_\_\_\_\_ Fax \_\_\_\_\_  
E-mail \_\_\_\_\_  
Only for italian participants: Partita IVA or codice fiscale \_\_\_\_\_

## HOTEL LIST

Rates are in Euro and are per day, including breakfast and taxes.

CHOICE	CAT	<input type="checkbox"/> Double room	<input type="checkbox"/> Double single use
<input type="checkbox"/> Hotel Mercure Palazzo Dolci - V.le Papa Giovanni XXIII, 100 (30 mt. from congress venue)	4	154	136
<input type="checkbox"/> Hotel Cappello D'Oro - V.le Papa Giovanni XXIII, 12 (100 mt. from congress venue)	4	150*	120*
<input type="checkbox"/> Hotel NH Bergamo (30 mt. from congress venue)	4	155	135
<input type="checkbox"/> Hotel Piemontese - P.za G. Marconi, 11 (100 mt. from congress venue)	3	105	95

\* superior room - Suppl. Deluxe room 20,00 daily

Arrival date \_\_\_\_\_ Departure date \_\_\_\_\_  
Total number of nights \_\_\_\_\_ Signature \_\_\_\_\_  
Reservation deadline: 10th December 2011. After this date availability and rates will not be guaranteed and are to be reconfirmed, on request.

## TERMS OF PAYMENT

To secure booking the full prepayment is requested.

Euros \_\_\_\_\_ x nights \_\_\_\_\_ = Total \_\_\_\_\_  
 Bank remittance addressed to CQ TRAVEL s.r.l. Banca Intesa San Paolo - Agenzia 4301, Milano Italy  
Swift code: BCITIT33XXX - Iban: IT27N 03069 09568 068142300160  
 Credit Card  Visa  Mastercard  American Express  
N° \_\_\_\_\_ Expiry date (month/year) \_\_\_\_\_

Card holder's name (in capital letters) \_\_\_\_\_  
Signature \_\_\_\_\_

## **Who should attend**

Surgeons of different specialties (Plastic, ENT, Maxillofacial) who wish to enhance their skills in rhinoplasty at all levels of experience. Both beginners and proficient rhinoplasty surgeons will draw benefit. Advanced mini-courses on thursday are reserved to proficient rhinoplasty surgeons. After attending the meeting, the attendee should have the tools to achieve the best possible result when performing a rhinoplasty.

## **Social Programme**

See website.

## **Abstracts**

Deadline: January 15, 2012

Participants are invited to send abstracts on the subject of open rhinoplasty, concerning:

- innovations and new techniques
- selected cases of significant value

Other topics will not be considered for acceptance. The best presented paper will receive an official prize at the end of the Course.

## **Official language**

English. Simultaneous translation to Italian.

## **Course Objectives**

At the end of the course, the attendees should be able to:

1. fully understand nasal anatomy and function
2. properly analyze common and uncommon rhinoplasty problems, correctly evaluate patients for surgery, and formulate a clear, individualized, surgical plan
3. appropriately perform the basic steps of open rhinoplasty, as well as a wide variety of modern techniques and modifications of varying complexity
4. achieve satisfactory improvement of function as well as aesthetics
5. select reproducible, predictable and appropriate techniques for specific problems in rhinoplasty
6. understand, prevent, and recognize complications
7. correct unsatisfactory results with a full range of dedicated techniques

## **Course Venue**

Centro Congressi Giovanni XXIII  
V.le Papa Giovanni XXIII, 106  
24121 Bergamo - Italy  
[www.congresscenter.bg.it](http://www.congresscenter.bg.it)

All sessions will take place in the Oggioni Room except the Advanced Minicourses which will be in the Alabastro Room

## **Organising Secretariat**

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