

## Rhinoplasty Master Course

### THEORY & HANDS-ON CADAVERIC SURGERY

**February 1-2, 2016**

Amsterdam, The Netherlands

Faculty: *Hossam M.T. Foda, M.D.*

<b>Schedule</b>	<b>Day 1: February 1, 2016</b> Academic Medical Center, University of Amsterdam
08.30	Introduction to ECAMS Master Courses
08.40	Rhinoplasty reigns: the transformational power of a beautiful nose
08.50	Clinically oriented nasal anatomy <ul style="list-style-type: none"> <li>• Bony skeleton and nasal vault</li> <li>• Cartilaginous framework</li> <li>• Skin and soft tissues</li> <li>• Relevant perinasal anatomy</li> <li>• Nerves, vascular anatomy and danger zones</li> </ul>
09.15	Evaluation of the rhinoplasty patient <ul style="list-style-type: none"> <li>• Aesthetic ideals in male and female patients</li> <li>• Ideals appropriate to ethnicity</li> <li>• Measurements, proportions and angles</li> <li>• Assessment of the revision rhinoplasty patient</li> <li>• The consultation process: keys to success</li> </ul>

09.45	Preoperative considerations and documentation in rhinoplasty
10.00	Materials and instruments: essential tools for primary and revision cases
10.15	<b>Coffee</b>
10.45	<p>OPEN RHINOPLASTY</p> <ul style="list-style-type: none"> <li>• Incisions</li> <li>• Open rhinoplasty technique: step-by-step</li> <li>• Open rhinoplasty in thick skin</li> <li>• Septorhinoplasty: modern techniques and personal approach</li> <li>• Rhinoplasty with septal perforation repair</li> </ul>
11.45	<p>NASAL DORSUM ALIGNMENT</p> <ul style="list-style-type: none"> <li>• Dorsal reduction in the male and female nose</li> <li>• Osteotomies and grafts</li> <li>• Precision in dorsal refinement</li> <li>• Pitfalls in hump reduction</li> <li>• Managing the nasal length</li> </ul>
12.30	<p>NASAL TIP SURGERY</p> <ul style="list-style-type: none"> <li>• Decision making for positioning the tip: strut, tongue-in-groove, septal extension graft?</li> <li>• Acute nasolabial angle: cause and correction</li> <li>• Managing tip rotation and correcting the droopy tip</li> <li>• Creating the perfect nasal tip: suture techniques and finesse manoeuvres</li> <li>• Deprojection of the nasal tip</li> <li>• Widening the pinched nasal tip</li> <li>• Advanced techniques in tip grafting</li> <li>• Revision tip surgery</li> </ul>
13.30	<b>Lunch</b>
14.30	<p>ALAR BASE SURGERY</p> <ul style="list-style-type: none"> <li>• Alar base narrowing in different ethnicities</li> <li>• Step-by-step technique</li> <li>• Pitfalls in alar base narrowing</li> </ul>
15.15	<b>Coffee</b>

15.30	<p>SURGERY OF THE CROOKED NOSE</p> <ul style="list-style-type: none"> <li>• Principles in correcting the deviated and twisted nose</li> <li>• Alignment of the nasal dorsum</li> <li>• Role of septal surgery</li> <li>• Correction of the severely crooked nose with sparing of septum</li> <li>• Controversies in septal surgery</li> </ul>
16.30	<p>THE COMPREHENSIVE RHINOPLASTY PRACTICE</p> <ul style="list-style-type: none"> <li>• Augmentation rhinoplasty</li> <li>• Ethnic rhinoplasty</li> <li>• Functional aspects in rhinoplasty</li> <li>• Challenging and difficult cases</li> <li>• Adjunctive procedures: premaxillary and chin augmentation</li> </ul>
17.00	Postoperative care of the rhinoplasty patient
17.20	Complications of rhinoplasty: how to avoid them, how to deal with them How to avoid revision rhinoplasty
17.40	MCQ Examination
18.15	End of Day 1

Faculty: *Hossam M.T. Foda, M.D.*

<b>Schedule</b>	<p><b>Day 2: February 2, 2016</b></p> <p>Skills lab. Academic Medical Center, University of Amsterdam</p> <p><b><i>All delegates will have extensive hands-on training and one-to-one tuition with Dr Foda with high quality fresh frozen cadaver specimens</i></b></p>
08.30	Orientation of cadaver lab
08.45	<p>Demonstration of basic and advanced rhinoplasty techniques</p> <p>I: MARKING &amp; INCISIONS</p> <p>II: OPEN RHINOPLASTY</p> <p>III: ALIGNING THE DORSUM</p> <p>IV: NASAL TIP TECHNIQUES</p> <p>V: CORRECTION OF THE CROOKED NOSE</p>
10.45	<b>Coffee</b>

11.15	Supervised hands-on training for all delegates (two per head specimen)
13.00	<b>Lunch</b>
14.00	Supervised hands-on training for all delegates (two per head specimen)
16.30	Discussion and Q&A
17.00	Award Ceremony and presentation of Certificates

Lateral crural steal and lateral crural overlay

Internal valve grafts