



# RinoArrábida 2016

## Rhinoplasty course

11<sup>th</sup>, 12<sup>th</sup> and 13<sup>th</sup> november, 2016

Fundação Dr. António Cupertino de Miranda  
Hospital da Luz Arrábida, auditorium

## Program

### 11<sup>th</sup> november

08h30 *Opening of the secretariat*

09h00 *Opening session and wellcome remarks*

#### Session 1

### **Introduction to rhinoplasty**

Chairmen: Artur Condé | Delfim Duarte

09h30 *Patient evaluation*

Miriam Boenisch (Linz)

09h45 *Patient selection*

Hesham Saleh (London)

10h00 *Etiopathogenesis of nasal deformities*

João Bacelar (Lisbon)

10h15 *Pre-operative care*

Hossam Foda (Alexandria)

10h30 *Coffee break*

#### Session 2

### **Approaches for rhinoplasty**

Chairmen: Carlos Macor | Ferreira Moreira

11h00 *Endonasal approach step-by-step*

João Bacelar (Lisbon)

11h30 *Endonasal approach to the overprojected nose*

Miriam Boenisch (Linz)

11h45 *Endonasal rhinoplasty: tip suturing techniques*

Hesham Saleh (London)

12h00 *Open approach step-by-step*

Miriam Boenisch (Linz)

12h30 *Discussion*

12h45 *Spreader grafts and spreader flap (Video)*

Miriam Boenisch (Linz)

13h00 *Lunch*

#### Session 3

### **The nasal tip**

Chairmen: Jorge Spratley | Lídia Guimarães

14h00 *Diagnosis and management of tip deformities*

Ozcan Cakmak (Istanbul)

14h15 *How much do I graft the tip*

José Carlos Neves (Coimbra)

14h30 *Adjusting tip projection and rotation*

Hossam Foda (Alexandria)

15h00 *Tongue-in-groove suture*

Rui Xavier (Porto)

15h15 *Caudal extension graft and tip relations*

Sousa Vieira (Porto)

15h30 *Discussion*

15h45 *Clinical case: how would you have done it?*

Rui Xavier (Porto)

16h00 *Coffee break*

#### Session 4

### **The deviated nose**

Chairmen: Ezequiel Barros | Dunja Milicic

16h30 *Osteotomies*

João Bacelar (Lisbon)

16h45 *Osteo-cartilaginous vault surgery*

Hesham Saleh (London)

17h00 *The deviated nose - surgical correction*

João Bacelar (Lisbon)

17h15 *Crooked nose algorithm*

Miriam Boenisch (Linz)

17h30 *Discussion*

17h45 *Clinical case: how would you have done it?*

Ozcan Cakmak (Istanbul)

18h00 *End of day 1*



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### 12<sup>th</sup> november

#### Session 5

#### **The nasal septum**

Chairmen: Nuno Lousan | João Vaz Fernandes

- 08h30 **Anterior septal deviation treatment**  
Ângelo Fernandes (Porto)
- 08h45 **Extracorporeal septal reconstruction**  
Miriam Boenisch (Linz)
- 09h00 **Septal surgery in the management of the deviated nose**  
Hossam Foda (Alexandria)
- 09h30 **Repair of large septal perforations**  
Sousa Vieira (Porto)
- 09h45 **Septal reconstruction with PDS foil (Video presentation)**  
Miriam Boenisch (Linz)
- 10h00 **Discussion**
- 10h15 **Clinical case: how would you have done it?**  
Sousa Vieira (Porto)

#### 10h30 **Coffee break**

#### Session 6

#### **The nasal dorsum**

Chairmen: Marques dos Santos | Paulo Ribeiro da Silva

- 11h00 **Reduction of the nasal dorsum**  
Miriam Boenisch (Linz)
- 11h15 **I want a safe nasal profile**  
José Carlos Neves (Coimbra)
- 11h30 **Alignment of the nasal dorsum**  
Hossam Foda (Alexandria)
- 12h00 **Saddle nose reconstruction algorithm**  
Ozcan Cakmak (Istanbul)
- 12h30 **Diced cartilage in dorsum augmentation**  
Sousa Vieira (Porto)
- 12h45 **Discussion**

### 13h00 **Lunch**

#### Session 7

#### **Rhinoplasty techniques**

Chairmen: Luísa Monteiro | João Pinto Ferreira

- 14h00 **Pitfalls in nasal base narrowing**  
Hossam Foda (Alexandria)
- 14h30 **Auricular and costal cartilage for rhinoplasty**  
Hugo Amorim (Porto)
- 14h45 **Rhinoplasty using costal cartilage**  
Rui Xavier (Porto)
- 15h15 **Procedures around the nose**  
Emílio Valls (Porto)
- 15h30 **Discussion**
- 15h45 **Clinical case: how would you have done it?**  
Hesham Saleh (London)
- 16h00 **Coffee break**

#### Session 8

#### **Revision rhinoplasty**

Chairmen: Fausto Fernandes | Sandra Sousa Castro

- 16h30 **Revision rhinoplasty: a step-by-step approach**  
Hesham Saleh (London)
- 16h45 **Crushed cartilage grafts to camouflage contour irregularities**  
Ozcan Cakmak (Istanbul)
- 17h00 **Revision tip surgery**  
Hossam Foda (Alexandria)
- 17h30 **Refinements in revision rhinoplasty**  
Sousa Vieira (Porto)
- 17h45 **Discussion**
- 18h00 **End of day 2**



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## Program

**13<sup>th</sup> november**

**08h30 Rhinoplasty techniques demonstration, faculty**

**11h00 Rhinoplasty techniques demonstration, faculty**

**09h00 Cadaver dissection**

**11h30 Cadaver dissection**

**10h30 Coffee break**

**14h00 End**

### Coordination:

Rui Xavier (Hospital da Luz Arrábida) | Ferreira Moreira (Hospital da Luz Arrábida)

### Faculty:

Ângelo Fernandes (Porto) | Hesham Saleh (Londres) | Hossam Foda (Alexandria) | Hugo Amorim (Porto) | João Bacelar (Lisboa)  
José Carlos Neves (Coimbra) | Miriam Boenisch (Linz) | Ozcan Cakmak (Istambul) | Rui Xavier (Porto) | Sousa Vieira (Porto)

### Scientific sponsors:



**www.rinoarrabida.com**

### SESSÃO TEÓRICA

**INSCRIÇÕES | 250€ para especialistas | 200€ para internos**

**LINK DE INSCRIÇÃO |** <https://www.advita.pt/gesnet/cursos/Rinoarrabida-2016-Sessao-teorica>

### SESSÃO TEÓRICO-PRÁTICA

**INSCRIÇÕES | 800€ para especialistas | 750€ para internos**

**LINK DE INSCRIÇÃO |** <https://www.advita.pt/gesnet/cursos/Rinoarrabida-2016-Sessao-teorico-pratica>

A forma de pagamento está indicada na ficha de inscrição online

### SECRETARIADO

**INSCRIÇÕES |** [secretariado.formacao@luzsaude.pt](mailto:secretariado.formacao@luzsaude.pt)

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