

# **Second Bergamo Open Rhinoplasty Course: aesthetics, function and managing complications**

**March 11-13, 2010**

Course Directors: E. Robotti, R. Mazzola



Centro Congressi Giovanni XXIII  
Bergamo

[www.bergamoplast.com](http://www.bergamoplast.com)

## **Course Directors**

Enrico Robotti, Riccardo Mazzola

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Live Surgery

Videos

Didactic lectures

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Interactive panel discussions

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## **International Faculty**

Frédéric Braccini – Nice, France

Nazim Cerkes - Istanbul, Turkey

Louis P. Dombard – Bruxelles, Belgium

Charles East - London, UK

Hossam M.T. Foda – Alexandria, Egypt

Olivier Gerbault - Paris, France

Wolfgang Gubisch – Stuttgart, Germany

Bahman Guyuron - Cleveland, USA

Dirk Jan Menger - Amsterdam, Netherlands

## **Italian Faculty**

G. Bernabei - Milano

G. Botti - Salò

R. Bracaglia - Roma

S. Bruschi - Torino

G. Giudice - Bari

P. Gottarelli - Bologna

S. Grappolini - Milano

A. Grisotti - Milano

F. Ingallina - Paris, France

M. Klinger - Milano

S. Mocella - Verona

P. Palma - Milano

M. Pelle Ceravolo - Roma

S. Pompei - Roma

L. Vaienti - Milano

# Introduction

Dear Colleague,

It gives us great pleasure to invite you to the Second Bergamo Biennial Open Rhinoplasty Course, specifically devoted to open rhinoplasty, whose Faculty includes reputed masters who mainly or exclusively practice the open approach. This intensive symposium will be practical in nature, and will focus in detail on state-of-the-art primary and secondary open rhinoplasty techniques, with due emphasis on aesthetics and function, in a personal and approachable format. A limited enrolment will encourage and maximize exchange between participants and Faculty. The course is aimed to all physicians performing nasal surgery, mainly plastic, ENT and maxillo-facial surgeons. It will cover in depth both the basics of the open approach for the beginner, as well as serve as a refresher and address refinements and specific advanced details for the proficient rhinoplasty surgeon. Several presentations, including didactic lectures and videos (some being innovative 3D videos) will systematically analyze specific and sequential topics, with adequate time allotted for discussion with the audience and a maximal educational benefit. The personal approach to open rhinoplasty of each Faculty member will be emphasized, and interactive panel discussions and case analyses will add to a mutual learning experience. Live surgery, telecasted from the "Ospedali Riuniti", will again be a highlight of the course due to its stimulating educational benefit, allowing a proper view of technical pearls and fine details, as well as continuous interaction with the audience.

The First Bergamo Open Rhinoplasty Course, which was held on November 28-29, 2008 at the same location, counted a large international participation with attendees from 19 different countries, and enjoyed a positive response well beyond our expectations. In response to attendee requests and feedback from the evaluation forms, the Second Course will be even more comprehensive, being lengthened to two-and-a-half days in duration, and will include:

- an expanded International Faculty
- more topics
- more videos, including 3-D videos and interactive videos commented by the author
- live surgery
- interactive panel discussions and case analyses
- emphasis on tricks and tips
- new breakthrough procedures
- even greater opportunities for audience interaction with the Faculty

Also, a specific panel will address the emerging but confusing topic of "medical rhinoplasty", including the use of botulinum toxin to the tip and the correction of specific contour deformities by fillers. Finally, a "selected abstracts corner" will offer participants the opportunity to present chosen communications of obvious merit, with a prize awarded to the best presentation.

The modern Congress Center is located at walking distance from the railway station, and can be reached in a few minutes from Bergamo/Milan's Orio Al Serio International airport which serves many international destinations, as well as directly from the motorway exit. In March the weather in Bergamo is usually mild, and should allow some sightseeing or leisure activities in our historical city or its equally interesting surroundings, including the lakes of Iseo and Garda. Before or after the meeting, you should surely take some time to visit Bergamo's renowned "Città Alta", encircled by its Venetian ancient walls and by rolling green hills in front of the Alps, with its fascinating cobble-stoned alleys, the "Cappella Colleoni", the "Basilica di Santa Maria Maggiore" and the "Accademia Carrara" museum. Should you wish to find out further information about Bergamo and its scheduled events, please consult the "Key to Bergamo Tourist Magazine", on the web site <http://www.turismo.bergamo.it>

We hope you will join us in Bergamo on March 11-13, 2010 and help us make this meeting a truly international event.

*Enrico Robotti and Riccardo Mazzola*  
Course Directors

# Program

## Thursday, March 11

- 12:00-13:00 Registration  
13:00-13:10 Welcome and introduction  
13:10-13:40 "Open Anatomy": 3D video (cadaver) - L.P. Dombard  
13:40-14:00 Photography and computer imaging - N. Cerkes  
14:00-14:10 Facial analysis and preop clinical analysis of the nose - B. Guyuron  
14:10-14:20 The rhinoplasty consultation: evaluating the candidate (S.I.M.O.N. vs. S.Y.L.V.I.A.) - C. East  
14:20-14:30 Male and teenage rhinoplasty - C. East  
14:30-15:00 Rational sequence of open rhinoplasty (video) - B. Guyuron  
15:00-15:30 Basic steps of open rhinoplasty: 3D video - L.P. Dombard  
15:30-16:00 Open rhinoplasty technique (video) - N. Cerkes  
16:00-16:10 *Questions and answers*  
16:10-16:30 *Coffee break*  
16:30-16:45 Transition from closed to open rhinoplasty: why I changed - W. Gubisch  
16:45-17:00 "Less": accomplishing more by doing less: why I didn't change - P. Palma  
17:00-17:20 Dynamics of rhinoplasty - B. Guyuron  
17:20-17:35 Minor rhinoplasty maneuvers with a Major impact - B. Guyuron  
17:35-17:45 Peri and post-operative management - D.J. Menger  
17:45-17:50 *Questions and answers*

### **The Tip (part I)**

- 17:50-18:05 Tip sutures - indications/techniques - B. Guyuron  
18:05-18:20 Tip grafts - D.J. Menger  
18:20-18:35 Increasing and decreasing tip projection: the dynamic tripod concept - B. Guyuron  
18:35-18:50 Managing tip projection (video) - L.P. Dombard  
18:50-19:20 Tip surgery via the open approach: droopy tip, lateral, crural steal, overlay and tongue-in-groove (video) - H. Foda  
19:20-19:30 Transalar mattress sutures: aesthetic and functional value - O. Gerbault  
19:30-19:40 *Questions and answers*  
19:40-19:50 Follow-up on the cases of the First Course - G. Aiach, W. Gubisch, L.P. Dombard  
20:00-21:00 *Cheese and Wine party*

## Friday, March 12

### **The Tip (part II)**

- 07:30-07:45 Increasing and decreasing the length of the nose - W. Gubisch  
07:45-08:00 The short nose (video) - S. Bruschi  
08:00-08:15 Alar base and medial crura footplates surgery (video) - B. Guyuron  
08:15-08:25 Narrowing the nasal base: the combined alar base excision technique (video) - H. Foda  
08:25-08:35 Proper treatment of the nasolabial angle - M. Pelle Ceravolo  
08:35-08:50 Reshaping the tip - R. Mazzola  
08:50-09:05 Septal extension grafts and variations to stabilize the tip - E. Robotti  
09:05-09:15 *Questions and answers*

## **The Dorsum**

- 09:15-09:30 Precision in dorsum alignment: incremental reduction (video) - H. Foda  
09:30-09:45 Contouring the nasal bridge and radix for a proper dorsum - D.J. Menger  
09:45-09:50 *Questions and answers*
- 09:50-10:10 *Coffee break*
- 10:10-10:25 Osteotomies (external / internal) - L.P. Dombard  
10:25-10:45 Dorsal aesthetic lines: spreader grafts and autospreaders - N. Cerkas  
10:45-10:55 *Questions and answers*

## **Deviation and Function**

- 10:55-11:10 Functional considerations in rhinoplasty: septum, valves, turbinates - P. Palma  
11:10-11:30 Septal deformities and septal surgery - B. Guyuron  
11:30-11:45 Managing the nasal valves - W. Gubisch  
11:45-11:55 Managing the turbinates: Modified Inferior Turbinoplasty (video) - P. Gottarelli  
11:55-12:10 The crooked nose - H. Foda  
12:10-12:30 The deviated nose (video) - C. East  
12:30-12:50 Extracorporeal septoplasty (video) - W. Gubisch  
12:50-13:00 *Questions and answers*
- 13:00-14:00 *Lunch*

## **Secondary Rhinoplasty and common complications**

- 14:00-14:30 Principles of secondary rhinoplasty - B. Guyuron  
14:30-14:45 Complications: how to prevent them  
Avoiding the ten most common rhinoplasty flaws - B. Guyuron  
14:45-15:15 Complications: how to solve them  
Dorsum irregularities, Saddle nose, Overresection of lower lateral cartilages, Pollybeak, Osteotomy errors - W. Gubisch  
15:15-15:35 Secondary rhinoplasty (video) - O. Gerbault  
15:35-15:50 Revision Tip surgery - H. Foda  
15:50-16:00 *Questions and answers*
- 16:00-16:15 *Coffee break*
- 16:15-16:30 Diced Cartilage and Fascia in augmentation rhinoplasty (video) - O. Gerbault  
16:30-16:40 Auricular cartilage grafts in rhinoplasty - C. East  
16:40-16:50 Costal cartilage grafts in rhinoplasty - N. Cerkas  
16:50-17:00 Calvarial and mandibular grafts in rhinoplasty - R. Mazzola  
17:00-17:10 Camouflage techniques for rhinoplasty defects - O. Gerbault  
17:10-17:20 Management of external valve collapse and stenosis of the nasal vestibule - D.J. Menger  
17:20-17:30 Septal perforations repair (video) - S. Mocella  
17:30-17:40 *Questions and answers*
- 17:40-18:25 PANEL "The closed alternative, with shared concepts" - G. Botti, M. Pelle Ceravolo, M. Klinger  
18:25-18:50 PANEL "2 cases in 5 minutes" - A. Grisotti, G. Giudice, S. Grappolini, S. Pompei, L. Vaianti  
18:50-19:20 Selected Abstracts Corner  
19:20-19:30 Tomorrow's case: how I will do it - B. Guyuron, W. Gubisch, H. Foda  
19:30 Adjourn  
20:30 *Gala Dinner*

# Saturday, March 13

07:50-08:00 Presentation of today's three cases "how I will do it" (taped yesterday)

08:00 **Live Surgery 1** - B. Guyuron

10:00-10:30 *Coffee station*

10:10-10:30 PANEL "How would you do it?" Clinical cases: analysis and solutions - R. Bracaglia, P. Gottarelli, S. Grappolini, S. Pompei

10:30 **Live Surgery 2** - W. Gubisch

12:30-13:30 *Lunch station*

12:40-13:00 PANEL "How would you solve this?" Complications: analysis and solutions - S. Bruschi, G. Giudice, A. Grisotti, L. Vaienti

13:00 **Live Surgery 3** - H. Foda

## **Special issues in rhinoplasty**

14:40-15:00 The difficult skin (thick/thin) and softening irregularities through camouflage - C. East

15:00-15:15 The aging nose - W. Gubisch

15:15-15:30 Chin advancement in rhinoplasty (video) - B. Guyuron

15:30-15:45 Ethnic rhinoplasty - B. Guyuron

15:45-15:55 The middle eastern nose - H. Foda

15:55-16:05 Three small useful tips in rhinoplasty - E. Robotti

16:05-16:20 Cocaine-related nasal defects - B. Guyuron

16:20-16:30 Fibrin glue in various modalities of augmenting the dorsum - R. Bracaglia

16:30-16:35 Burring the alar cartilages; an alternative shaping method - G. Bernabei

16:35-16:45 Finesse use of grafting at the end of an endonasal rhinoplasty - G. Botti

16:45-16:50 Fat grafting as an adjunct to rhinoplasty - M. Klinger

16:50-17:00 *Questions and answers*

16:30-17:00 *Coffee station*

## **Medical rhinoplasty PANEL (botox and fillers)**

17:00-17:30 Botulinum toxin to the tip of the nose and surroundings (video) - F. Ingallina

17:30-18:00 Use of fillers to tip and dorsum (video) - F. Braccini

18:00 Selected abstracts corner prize. Wrap-up and Adjournalment

Simultaneous translation will be available  
Italian ECM credits have been requested

We will be updating the website with bilingual information at [www.bergamoplast.com](http://www.bergamoplast.com)