

LIVE MAKEOVER

AESTHETIC SURGERY SYMPOSIUM

the face edition



PROGRAM

FRIDAY, JUNE 21, 2019

07:00 - 07:45 Registration & Coffee

07:45 - 08:00 Welcome & Introductory Remarks

A.Skouras, M.D., President, Greek Association of Functional Rhinoplasty &
K.Mitsakos-Barbagiannis, M.D., President, REA Maternity Hospital

LIVE SURGERY

08:00 - 09:00 **Facelift** - GEORGE SKOURAS, M.D.
Moderator. Spero Theodorou, M.D.

LIVE SURGERY

09:00 - 10:00 **Facelift** - CHIARA BOTTI, M.D.
Moderator: Mario Pelle Ceravolo, M.D.

10:00 - 10:30 Coffee Break

LIVE SURGERY

10:30 - 11:30 **Blepharoplasty** - DANIEL BAKER,
M.D. Moderator: Spero Theodorou, M.D.

LIVE SURGERY

11:30 - 12:30 **Browlift** - MARIO PELLE CERAVOLO,
M.D. Moderator: Vitaly Zholtikov, M.D.

12:30 - 13:30 Lunch Break

LIVE SURGERY

13:30 - 14:30 **Facelift** - DANIEL BAKER, M.D.

Moderator: Spero Theodorou, M.D.

LIVE SURGERY

14:30 - 15:30 **Facelift** - MARIO PELLE CERAVOLO, M.D.

Moderator: George Skouras, M.D.

15:30 - 16:00 Coffee Break

LIVE SURGERY

16:00 - 17:00 **Face and Neck Sculpting** with Radio-Frequency Assisted Lipolysis(RFAL)
- SPERO THEODOROU, M.D.

Moderator: George Skouras, M.D.

LIVE SURGERY

17:00 - 18:00 **Midface Lift** - VITALY ZHOLTIKOV, M.D.

Moderator: Chiara Botti, M.D.

PANEL

18:00 - 19:00 **Debating the choices in Facelift**

Moderator: George Skouras, M.D.

Panelists: D.Baker, M.D., M.Pelle Ceravolo, M.D., S.Theodorou, M.D., C.Botti, M.D., V.Zholtikov, M.D., N.Celik, M.D.

HEAD & NECK RECONSTRUCTIVE SURGERY

19:00 - 19:10 Facial Reanimation - D.Karipidis, M.D.

19:10 - 19:20 Microvascular transplantation in head & neck oncology - S.Stavrianos, M.D.

19:20 - 19:30 3D printing for preoperative planning in head and neck microsurgical reconstruction using the fibula flap - K.Benetatos, M.D.

KEYNOTE LECTURE

19:30 - 19:40 Skull Base Surgery - S.Stavrianos, M.D.

SATURDAY, JUNE 22, 2019

FAT & FILLERS LECTURES

07:30 - 07:40 Biocellular Rejuvenation: using Nano-fat in facial aesthetics - P.Nassif, M.D.
07:40 - 07:50 Microfat, Nanofat grafting and SNIF: Powerful Adjuncts to Facial Rejuvenation - D.Drakotos, M.D.
07:50 - 08:00 Nasal Tip Necrosis after filler injection - The next steps - P.Nassif, M.D.
08:00 - 08:10 Fat Grafting during Facelift and Blepharoplasty: Principles and Art - N. Celik, M.D.
08:10 - 08:20 Lower Eyelid Fat Grafting made Easy & safe - M.Pelle Ceravolo, M.D.
08:20 - 08:30 Discussion
Moderator: M.Pelle Ceravolo, M.D.

BROW & FOREHEAD REJUVENATION LECTURES

08:30 - 08:40 Ideal Proportions of the Periorbital Region Aging - V.Zholtikov, M.D.
08:40 - 08:50 The Brows deserve more importance: don't lift but shape them - M. Pelle Ceravolo, M.D.
08:50 - 09:00 Superficial Lateral Browlift- How to Get Natural Results - V.Zholtikov, M.D.
09:00 - 09:10 Upper Blepharoplasty with Brow Fixation(video) - N.Celik, M.D.
09:10 - 09:20 Temporal brow lift : 12 pearls for success - P.Nassif, M.D.
09:20 - 09:30 Discussion
Moderator: N.Celik, M.D.

EYELIDS LECTURES

09:30 - 09:40 35-year experience and evolution with lower blepharoplasty - D.Baker, M.D.
09:40 - 09:50 Round Eyes: an anachronistic result after Blepharoplasty - M.Pelle Ceravolo, M.D.
09:50 - 10:00 Surgical solutions for upper blepharoplasty complications. N.Celik, M.D.
10:00 - 10:10 Lower eyelid transconjunctival blepharoplasty with fat repositioning/grafting: How I do it. - P.Nassif, M.D.
10:10 - 10:20 What I have learned NOT to do in eyelid surgery - C.Botti, M.D.
10:20 - 10:30 Discussion
Moderator: C.Botti, M.D.

10:30 - 11:00 Coffee Break

FACE & NECK LECTURES

- 11:00 - 11:10 Short Scar Rhytidectomy: Indications, Limitations, Complications
- D.Baker, M.D.
- 11:10 - 11:20 Considerations about Neck Rejuvenation after a 35-year experience -
M.Pelle Ceravolo, M.D.
- 11:20 - 11:30 Vertical Vector facelift with SMAS Plication - N.Celik, M.D.
- 11:30 - 11:40 Vector Choice and Variations in SMAS Plication- SMASectomy
- G.Skouras, M.D.
- 11:40 - 11:50 Limited Midface lift - V. Zholtikov, M.D.
- 11:50 - 12:00 Submandibular gland and digastric muscle resection - D.Baker, M.D.
- 12:00 - 12:15 Revision Facelift: Problems I frequently encounter - G.Skouras, M.D.
- 12:15 - 12:25 Cervical- Facial Lift. Our personal approach - C.Botti, M.D.
- 12:25 - 12:35 Platysmectomy: my new addition to my Neck Addiction
- M.Pelle Ceravolo, M.D.
- 12:35 - 12:45 How long does a facelift last? Primary, Secondary, Tertiary Rhytidectomies:
Same Patient, Same surgeon - D.Baker, M.D.
- 12:45 - 12:55 What I have learned NOT to do in facelift surgery - C.Botti, M.D.
- 12:55 - 13:05 Surgical vs Liquid Facelift - K.Patsis, M.D.
- 13:05 - 13:15 Neck Sculpting with radiofrequency - S.Theodorou, M.D.
- 13:15 - 13:25 Discussion
- Moderator: G.Skouras, M.D.

13:25 - 14:30 Lunch Break

LIVE SURGERY

14:30 - 16:00 **Rhinoplasty** - ATHANASIOS SKOURAS, M.D.
Moderator: G. Skouras, M.D., L.Asimakopoulou, M.D.

LIVE SURGERY

16:00 - 17:30 **Rhinoplasty** - PAUL NASSIF, M.D.
Moderator: Nuri Celik, M.D.

17:30 -18:00 Coffee Break

KEYNOTE LECTURE

18:00 - 18:20 Plastic Surgery of the Facial Skeleton - A.Wolfe, M.D.

KEYNOTE LECTURE

18:20 - 18:40 Open or Closed Rhinoplasty “an endless debate” - N.Trenite, M.D.

ETHNIC NOSE LECTURES

18:40 - 18:50 The Middle eastern nose - H.Foda, M.D.

18:50 - 19:00 The Greek Nose - R.Mantzari, M.D.

PANEL

19:00 - 20:00 **How would you manage this nose?**

Moderator: Athanasios Skouras, M.D.

Panelists: N.Trenite, M.D., H.Foda, M.D., P.Nassif, M.D., I.Konstadinidis, M.D., V.Zholtikov, M.D., N.Celik, M.D.

SUNDAY, JUNE 23, 2019

LIVE SURGERY

07:30 - 09:00 **Rhinoplasty** - NURI CELIK, M.D.

Moderator: Hossam Foda, M.D.

LIVE SURGERY

09:00 - 10:30 **Rhinoplasty** - NOLST TRENITE, M.D.

Moderator: Paul Nassif, M.D.

LIVE SURGERY

10:30 - 12:00 **Rhinoplasty** - HOSSAM FODA, M.D.

Moderator: Vitaly Zholtikov, M.D.

12:00 - 12:30 Lunch Break

MARKETING LECTURES

- 12:30 - 12:40 How to start your own skin care line - P. Nassif, M.D.
12:40 - 12:50 Launching & promoting your own line of cosmetics - J.F.Garcia, MBA
12:50 - 13:00 TV advertising: An unmatched tool to build trust & trigger emotion -
E.Skoura, CEO SkourasMed
13:00 - 13:10 The good, the bad, the botched! What it's like having your own reality show.
- P. Nassif, M.D.

NASAL DORSUM LECTURES

- 13:10 - 13:20 How to improve my results in hump resection - N.Trenite, M.D.
13:20 - 13:30 Avoiding complications in dorsal profile alignment - H.Foda, M.D.
13:30 - 13:40 Piezo ostectomy and osteotomy with maximum preservation of bone
stability - V.Zholtikov, M.D.
13:40 - 13:50 How to prevent nasal dorsal irregularities:diced cartilage injection of the
nasal dorsum - N.Celik, M.D.
13:50 - 14:00 Dorsal augmentation in rhinoplasty: Is the DCF (diced cartilage fascia) worth
the hype? - P.Nassif, M.D.
14:00 - 14:10 Management of the deviated nose - A.Skouras, M.D.
14:10 - 14:20 How to prevent the recurrence of nasal dorsal deviation: Full thickness
division of dorsal septum - N.Celik, M.D.
14:20 - 14:30 Correction of severely crooked noses. Is extracorporeal mandatory? -
H.Foda, M.D.
14:30 - 14:40 Discussion
Moderator: Paul Nassif, M.D.

NASAL TIP LECTURES

- 14:40 - 14:50 How to overcome the inherent anatomical traps of nasal tip surgery -
N.Celik, M.D.
14:50 - 15:00 Achievement of an aesthetic tip using tip suturing techniques -
L.Asimakopoulou, M.D.
15:00 - 15:10 Pearls for lateral crura transposition - V.Zholtikov, M.D.
15:10 - 15:20 The Goldman technique in my practice - A.Skouras, M.D.
15:20 - 15:30 The overprojected nasal tip - H.Foda, M.D.
15:30 - 15:40 The droopy nasal tip - H.Foda, M.D.
15:40 - 15:50 Management of the droopy tip - I.Konstadinidis, M.D.
15:50 - 16:00 Treatment algorithms for the post-operative purple nasal tip - P.Nassif, M.D.

16:00 - 16:10 Discussion
Moderator: Nolst Trenite, M.D.

REVISION NASAL SURGERY LECTURES

16:10 - 16:25 Revision Rhinoplasty, my experience - A.Skouras, M.D.
16:25 - 16:40 Revision Rhinoplasty, what I learned from my mistakes - N.Trenite, M.D.
16:40 - 16:55 Total nasal reconstruction techniques for the short and over-rotated nose - P.Nassif, M.D.
16:55 - 17:10 Revision tip surgery - H.Foda, M.D.
17:10 - 17:25 Secondary rhinoplasty :use of conchal cartilage and retroauricular soft tissue for dorsum reconstruction - N.Celik, M.D.
17:25 - 17:40 Grafts in Rhinoplasty: My Experience - A.Athanasiou, M.D.
17:40 - 17:55 Most helpful grafts in Rhinoplasty - I.Konstadinidis, M.D.
17:55 - 18:10 Discussion
Moderator: Hossam Foda, M.D.

KEYNOTE LECTURE

18:10 - 18:20 Open vs Closed Rhinoplasty - 8 month follow up on our "Big Challenge" Meeting - C.Botti, M.D.

KEYNOTE LECTURE

18:20 - 18:30 Management of the Tension Nose - I.Chrisaitis, M.D.

KEYNOTE LECTURE

18:30 - 18:40 Essential marketing 101 for your practice - P.Lim Prendergast, CEO ECAMS

KEYNOTE LECTURE

18:40 - 18:50 Psychological Approach of the Plastic Surgery Patient - A.Kokkinidis, M.D.